



## **MASTER COURSE CATALOG**

**\*COURSES VARY BY SEMESTER AND LOCATION. PLEASE CHECK OUR REGISTRATION PAGE FOR A LISTING OF COURSES CURRENTLY OFFERED.**

**Choosing a Career/Career Development #1001** - This course will focus on individual career interests. The students will discuss what makes a good career choice. We will look at skill level and individual abilities as well as current opportunities in the job market. We will also have question/answer sessions with guest speakers from various fields of employment. Skill Development - Reading, writing, decision making, exploring interests, research techniques, interviewing skills, public speaking, oral interpretation, verbal communication, interpersonal awareness, increased exposure to potential career paths.

**American Pie #1002** - This course explores diversity in America. The class will discuss topics of culture, family, religion, values, and gender. Skill Development - Reading and reading comprehension, writing, research techniques, public speaking, verbal communication, recognizing the power of diversity, group dynamics, tolerance and enhanced social interaction techniques.

**All Around the World #1003** - This course will compare cultures of the classes' choosing. We will pick 4 cultures to study in depth. Skill Development - Communication skills, public speaking, acceptance in society and the workplace, personal and professional values.

**Communicate with Confidence #1004** - This class is designed to develop and improve oral communication through the principles of group process and discussion. Students will research and deliver a variety of speeches designed to inform and expand their abilities to resolve conflict through communication. Skill Development - Working in groups, communication skills, conflict resolution, public speaking.

**Art Studio #1005** - This course investigates the various techniques and materials used to design works of art. Charcoal, paint, photography, pastels, collage will be utilized to create still life drawings, identity boards, paintings and self-portraits. Skill Development - Drawing, creative/self-expression, verbal communication, visual interpretation, ability to follow step by step directions.

**Art Studio/Creative Writing #1005C** - This class is a combination of Art and Creative Writing. Students will work on developing an individual storyline using creative sentence starters and group discussions. Each student will create a book to illustrate their story. Skill Development - Reading and reading comprehension, writing, critical thinking, sentence structure, vocabulary, self-confidence, verbal communication.

**History of American Cuisine #1006** - This course explores the evolution of the American diet. We will research and discuss the influence of international foods, religion, culture, and geography on American Cuisine. Skill Development - Reading, writing, diversity in food and culture, research techniques, critical thinking.

**Current Events #1007** - This course will enable students to strengthen their critical thinking skills through discussion of current events topics. Group discussion and written assignments will focus on such topics as politics, environmental issues, human rights and global events which affect everyday life. Skill Development - Reading and reading comprehension, writing, research techniques, verbal communication, organization, enhanced world view.



**Art Survey I #1008** - This survey is an introductory exploration into art history from Paleolithic to Roman art and architecture. We will discuss themes, elements and principles in art by examining slides, personal observation and class discussion. A trip to the Metropolitan Museum of art may be incorporated into the course if accommodations can be made. Skill Development - Research techniques, critical thinking, and verbal communication.

**Culinary Skills #1009** - This course introduces the basic techniques of cooking. Students will work on understanding nutrition, food safety, meal planning and food preparation. Skill Development - Reading, writing, following directions, measuring and food service.

**Baking Skills 1009B** - This hands-on course will introduce the procedures necessary for successful baking. Students will learning the art of cake, pastry, bread and cookies making during this fun filled experience into the art of baking. Skill Development - Reading, writing, following directions, measuring and food service.

**Film and Lecture Series #1010** - This course will enable students to have a better understanding of topics in modern cinema. Lectures will focus on content, comprehension and relationships as they apply to their individual lives. Skill Development - Group discussion, critical thinking, verbal communication.

**Art Survey II #1012** - This survey is a continuation of Art History I. It will examine the Greek Hellenistic Period to the Renaissance. We will discuss themes, elements and principles in art by examining slides, personal observation and class discussion. Art Survey I is suggested as a prerequisite. Skill Development - Research techniques, critical thinking, and verbal communication.

**A Blast from the Past #1013** - Each decade has its own individual identity. From the Great Depression, to the hippy 60's, the disco 70's then on towards the new millennium and our first African American president, we will discover what changes have occurred by examining the music, family life, culture and film of each decade. Skill Development - Reading and reading comprehension, research techniques, verbal communication, critical thinking, enhanced world view.

**Finding Out Why #1014** - Students interested in science and nature will love this hands-on course using science experiments to explain the natural world. We will learn the Scientific Method through a weekly experiment performed in class. The students will participate and observe the experiment then form conclusions about what is observed. Skill Development - Reading and reading comprehension, writing, research techniques, following step by step directions, verbal communication, critical thinking, team membership.

**Computer Skills #1015** - An overview of computer operations and computer uses will be discussed followed by hands-on instruction. In order to be successful and meet the objectives for this course, students need sufficient fine motor skills and manual dexterity to utilize the keyboard. The Successful Learning Center cannot, at this time, provide any assistive technology. Skill Development - Reading and reading comprehension, following directions, attention to task, verbal communication.

**Money Matters #1016** - This course will address money and personal finances. Students will learn basic skills to assist in the handling of money. The topics to be discussed are currency denominations, checking and saving account maintenance, credit and debit cards, successful shopping techniques and a general financial overview of current events. A field trip to a supermarket may be added. Skill Development - Reading and reading comprehension, writing, basic math, currency identification, research techniques.



**Planet Earth #1017** - It's easy being green. This course will examine the planet earth, the changes on our planet due climate change and the benefits of recycling. We will discuss environmental issues from sun spots to pollution and formulate habits we can use to help protect our planet. Skill Development - Reading and reading comprehension, writing, research techniques, verbal communication, organization, enhanced world view.

**Art Survey III #1018** - Art of the 20<sup>th</sup> Century. What is Modern Art? This course will explore the changes in art from Art Survey I, the Paleolithic Era to Modern time, our lifetime. We will look at individual artists and what prompted them to create artwork so different from what came before them. Skill Development - Research techniques, critical thinking, verbal communication.

**Self-Advocacy #1019** - Working collaboratively with others, effectively advocating for personal rights and expressing individual needs are the three goals for this course in communication. Through oral presentations, small group activities and role playing these skills will be explored and developed Skill Development - Reading and reading comprehension, writing, verbal communication, group dynamics, team membership.

**Creative Writing #1020** - The emphases in this class will be on developing writing skills and enhancing creativity. There will be group discussions and creative sentence starters to help motivate the students. Creativity and cohesive story development will be the focus of this dynamic course. Skill Development - Reading and reading comprehension, writing, critical thinking, sentence structure, vocabulary, self-confidence, verbal communication.

**Nutrition "Good for you, Good for the Planet" #1021** - This course will provide an overview on basic nutrition for both body and mind. We will discuss, healthy food choices, eating for physical and mental health, the role of mass food production and its effect on the planet and Sustainability by local farming. Students will be required to keep a "food journal" and review positive choices made for everyday life. Skill Development - Reading and reading comprehension, research techniques, critical thinking, verbal communication, positive decision making.

**Spanish Culture #1022** - This course will introduce the Hispanic world through language, music, history, art and food. The focus will be on culture as a pathway to language and communication in Spanish. Skill Development - Reading and reading comprehension, writing, cultural awareness, research techniques, communication, functioning knowledge of work place discrimination laws, enhanced world view, oral interpretation, articulation of new words and terms.

**Spanish Music and Dance #1023** - This course will focus on music and dance as an introduction to the Hispanic world. Students will learn about the culture, music and dance of Spanish speaking nations. Skill Development - Reading and reading comprehension, creative/self-expression, self-confidence, learning to follow step by step directions, physical coordination, working in a group towards a common goal, critical thinking, enhanced cultural view, research techniques, communication, oral interpretation, articulation of new words and terms.



**Gender Roles #1024** - This class will identify the differences in male/female physical development, societal norms, and media influences including internet safety. In this class students will be able to discuss questions based on their individual level of understanding. Skill Development - Research techniques, critical thinking.

**Fit Club #1025** - This class will focus on the body and how our muscles work. For the first half of each class we will discuss a particular body part and muscle group to learn how our bodies move and flex. After examining this muscle group the students will learn the best exercise to gain strength and wellness. During the semester the students will learn to design their own fitness program based on their own specific needs. Skill Development - Reading, writing, learning to follow step by step directions, physical coordination, working in a group towards a common goal, critical thinking.

**Dance Club #1025D** - This fun class will focus on all genres of music and dance. Students will learn to express themselves through structured choreography and interpretive dance moves. Skill Development - Creative/self-expression, self-confidence, learning to follow step by step directions, physical coordination, working in a group towards a common goal, critical thinking.

**Sports Team Management #1026** - This class will focus on the complexities of running a sports team. The students will learn what makes good players form a good team. They will have a training, advertising and salary budget to create their personal dream team. By developing a team the students will learn about the limitations of training budgets, the effects of player attitude, focus and talent in their selected players. During the semester the students will develop problem solving skills by learning to overcome player injuries and poor player performance. Skill Development - Reading and reading comprehension, research techniques, critical thinking, basic math, team membership.

**Art of Music #1027** - This Art Studio class will focus on the creation of musical instruments using mixed media; paper, cardboard, wood, and plastic. Each student will create and design instruments to perform in a student made orchestra. Students taking this course will learn about the sections of the orchestra (strings, woodwinds, brass, and percussion) the instruments within these sections, and their significance in the orchestra world. Skill Development - Creative/self-expression, verbal communication, ability to follow step by step directions, research techniques, critical thinking.

**Language of Music #1028** - This course focuses on the four musical genres (Renaissance, Baroque, Classical, and 20th Century) and the composers in each of these time periods. The students will listen to musical examples, learn to recognize the similarities, differences in musical styles and discuss how music evolved into what it is today. Skill Development - Auditory interpretation, research techniques, critical thinking.

**Creative Art #1029** - This project based class is for the student who loves to use paper, markers, plastic, cardboard, paint, photography and music to explore different artistic expression. In this class our students will learn to develop a love of art and design art work based on their individual creativity. Skill Development - Drawing, creative/self-expression, verbal communication, visual interpretation, ability to follow step by step directions.

**Glee #1030** - Sections of this fun class will alternate between an exploration into the world of musical theater and the sounds of pop culture. Students will learn the songs and styles behind some of the most iconic music produced. Skill Development - Research techniques, auditory interpretation, verbal communication, creative/self-expression, self-confidence.



**Art & Words #1031** - The focus of this course will be on developing student creativity in both poetry and art by using oil pastels, collage, paint and words. For inspiration, students will observe various works of art and learn to develop connections between paintings and the art of poetry. **Skill Development** - Reading, writing, drawing, creative/self-expression, critical thinking, verbal communication, research techniques, self-advocacy, cultural awareness.

**Music Management #1032** - This class will introduce the music industry to our students by developing management skills in an ever-changing culture of musical technology. Students will work as a team to handle “diva” issues and artist publicity. They will learn to develop a client profile and tackle problem solving issues such as pirating, scalping, and YouTube infringement. **Skill Development** - Team membership, critical thinking, budgeting skills, problem solving skills, negotiation.

**General Skill Builders #1033** - In this class students will explore the kind of reading and math we do as adults in our everyday life. The vocabulary of daily living is used to enhance students understanding of meal preparation, grocery shopping, reading a menu, and understanding movie schedules. Topics are introduced based on concepts of independent living and life skills. **Skill Development** - Reading and reading comprehension, writing, basic math, critical thinking.

**Graphic Design #1034** - The focus of this class is to introduce students to Microsoft Publisher. Students will learn aspects of graphic design including page layout and color selection, photo orientation and import /export features. **Skill Development** - Computer skills, follow directions, critical thinking, creative/self-expression.

**Current Events & Technology #1035** - This class will focus on daily news and how to create an information source for others to read. The students will research assigned topics using the internet or hard copies of the news. Students will act as reporters and be assigned a topic based on their interests. They will research their assignments in class and create a story for our class 'paper' that will cover news of the semester. **Skill Development** - Reading and reading comprehension, computer skills, research techniques, critical thinking.

**Team Building #1036** - This class will focus on building relationships and developing increased self-confidence using team building exercises and group activities. **Skill Development** - Team membership, self-confidence, self-esteem, verbal communication.

**Songs of Summer #1037** - This fun music class will focus on songs reminiscent of summer. Vocal warm-ups combined with movement, touch step, sway, arms and hands. Some choreography may be added and adapted to each student's ability and interest. **Skill Development** - Research techniques, verbal communication, self-expression, physical coordination.

**Music & Movement #1038** - This fun class will focus on all genres of music. The students will learn vocal warm-ups combined with movement; touch step, sway, arms and hands. Some choreography may be added and adapted to each student's ability and interest. **Skill Development** - Reading, writing, physical coordination, learning to follow step by step directions, team membership, creative/self-expression.

**Mix & Mingle #1039** - This course will focus on the appropriate social behaviors needed to successfully navigate our daily lives. We will discuss how to handle various situations, role play “what if” scenarios and learn strategies for overcoming the complexities of common social etiquette. **Skill Development** - Critical thinking, social participation, team membership, appropriate social behavior.



**Social Media #1040** - This course will go over appropriate Internet etiquette, privacy and safety. Students will learn how to set up and navigate social networking accounts on sites such as Facebook and Twitter. Students will also have an opportunity to create and begin writing an internet blog. **Skill Development** - Reading and reading comprehension, Computer skills, safety awareness, critical thinking.

**Pop Culture #1041** - This class will explore the different aspects of pop culture from art to music, magazines and movies to television, books and beyond. We will look at how pop culture is all around us and focus on how it affects our daily lives. **Skill Development** - Reading and reading comprehension, writing, cultural awareness, research techniques, communication, enhanced world view, oral interpretation, articulation of new words and terms.

**Café Training #1042** - This course is a hybrid designed for students interested in learning the different aspects of a working kitchen. Along with meal preparation, students will be introduced to basic restaurant management, food safety and proper serving techniques common in today's food service industry. **Skill Development** - Critical thinking, team membership, following step by step directions, food safety.

**Drama Workshop #1043** - This class will focus on different types of acting and entertainment. Through music, singing, improvisation and "skits" the students will express their personal creativity and individualism. **Skill Development** - Creative/self-expression, self-confidence, team membership, critical thinking.

**Sign Language #1044** - Students will be exposed to the basics of sign language and communication for the hearing impaired. **Skill Development** - Visual interpretation, cultural awareness, research techniques, communication.

**Job Communication # 1045** – This is the second course in a series designed to help our students identify their potential job skills. The students will discuss what makes a good career choice and research career opportunities reflecting their interests. Instruction and project development will expose the students to a better sense of what is expected during an interview and practice communicating their skills during the interview process. **Skill Development** - Research techniques, professional behavior, verbal communication, self-expression, exploring interests, critical thinking.

**Blue Planet #1046** - This exciting course is the first in a planetary science series exploring the world's oceans. We will discover oceans, lakes and estuaries and the difference between them environmentally. Students will learn about different types of creatures and the environment they live in starting with an introduction to mammals, fish, coral, crustaceans and sea birds. **Skill Development** - Reading and reading comprehension, enhanced world view, critical thinking, research techniques.

**What's your story? #1047** - What makes a good story poem or even a song? Every story needs a beginning middle and end. Through class discussions, working individually and in small groups we will write, edit and create our own stories. The goal of this course is too enhance writing skills. **Skill Development** - Reading and reading comprehension, writing, creative/self-expression, verbal communication, critical thinking.

**Nutrition/Fitness #1021F** - This nutrition based class will begin with students participating in light physical exercises such as stretching and flexing which can be done either sitting or standing. The course discussion will focus on healthy food choices and eating for physical and mental health. **Skill Development** - Reading and reading comprehension, research techniques, critical thinking, verbal communication, physical coordination, positive decision making.



**Numbers Game #1048** - This fun math class will use cards, dice, puzzles and games to help students learn and enhance their math and number skills. **Skill Development** - Reading and reading comprehension, basic math, team membership, critical thinking.

**Job Quest #1049** - This course will be the first in a series focusing on the individual. In order to develop job skills the students will have to recognize what their personal skills, interests, strengths and abilities are. The class will do this through discussions and inventories for each area. **Skill Development** - Research techniques, professional behavior, verbal communication, self-expression, exploring interests, critical thinking.

**The Age of Music #1050** - Music that moves us will be the focus of this fun filled class where students learn about different genres of music. Each decade will expose a layer of new music and the history of the musicians that create the soundtrack of our lives. **Skill Development** - Research techniques, culture and social awareness, history, team membership, verbal communication, self-expression, public speaking, oral interpretation.

**Mind/Body/Soul #1051** - Maintaining a healthy mind, body and soul is the focus of this thought-provoking class. Students will learn what they can do to promote good health and well-being by making clear connections between their immediate environment and their health. We will discuss proper nutrition and food choices, personal hygiene, the effects of alcohol use and the importance of sleep. Students will practice stress reduction techniques and learn the importance of maintaining healthy relationships that foster a healthy lifestyle. **Skill Development** - Reading and reading comprehension, writing, critical thinking, research techniques, positive decision making.

**Where in the World is? #1052** – This class will focus on exploring the geographical world. Students will learn to identify the earth's natural wonders, man made architecture and historical locations in foreign lands. We will make our own passports and virtually "travel" the globe experiencing the world from our classroom. Discovering the wonders of the world through iconic images and geography will be an exciting thought provoking experience for all students. **Skill Development** - Reading and reading comprehension, writing, research techniques, geography verbal communication, organization, cultural awareness and enhanced world view.

**What did you say? #1053** - This entertaining class will offer our students an introduction to different languages useful for communicating with the various people who enter our lives. Greetings, common phrases and universal idioms will be presented during this basic language course on cultural salutations. **Skill Development** - Reading and reading comprehension, writing, cultural awareness, research techniques, communication, enhanced world view, oral interpretation, articulation of new words and terms.

**America's Got Music #1054** - Join us in this class where we look at popular TV shows for inspiration to showcase our talents. Music, singing and dance are on the line up. What's your talent? **Skill Development** - Research techniques, social awareness, verbal communication, creative/self-expression, self-confidence.

**College Sampler #1055** - What makes college so great? In this class we will explore the life of a college student both academically and socially. We will discuss the arts, music, science, math and history while we develop new skills for success in a collegiate environment. **Skill Development** - Reading and reading comprehension, writing, basic math, critical thinking, creative/self-expression, exploring interests, self-confidence.



**History of TV Sitcom #1058** - From the first black and white sitcoms to today's modern family this course will explore the changes in what we watch and love television. Skill Development - Research techniques, verbal communication, writing, critical thinking enhanced cultural view.

**Mind/Body/Soul II #1059** - A continuing discussion about maintaining a healthy mind and body. Students will learn what they can do to promote good health and well-being by making clear connections between their immediate environment and their health. We will discuss proper nutrition and food choices, personal hygiene, the effects of alcohol use and the importance of sleep. Students will practice stress reduction techniques and learn the importance of maintaining healthy relationships that foster a healthy lifestyle. Skill Development - Reading and reading comprehension, writing, critical thinking, research techniques, positive decision making.

**Evolution of Dance #1060** - Where did you get those moves? Students will learn about the evolution of dance by learning to identify each era's popular dance styles. Skill Development - Reading, writing, research techniques, physical coordination, critical thinking, enhanced cultural view.

**Chinese Art #1061** - Students will have the opportunity to learn about Chinese art by exploring the culture through calligraphy, lanterns, silk paintings and origami. Skill Development - Reading and reading comprehension, writing, drawing, creative/self-expression, geography, history, verbal communication, critical thinking, enhanced world view.

**Mass Media #1062** - This class will explore how media influences everyday life. Students will discuss commercials, print ads on the internet and discuss the influence media sources have on society. Skill Development - Reading and reading comprehension, writing, research techniques, visual and oral interpretation, critical thinking.

**Food for Life #1063** - This course will focus on snack and meal options that can be easily made with healthy ingredients. Nutritional information will be discussed and the value of healthy eating will be stressed. Students will prepare quick and easy snacks in class. Skill Development - Reading and reading comprehension, writing, critical thinking, research techniques, positive decision making.

**History of The Disney's Characters Development #1065** - This course will take an in depth look at various Disney characters through history of Disney films, from Sleeping Beauty and her Prince Charming to the film Frozen and the lead characters Elsa and Anna. Skill Development - Reading, writing, critical thinking, verbal communication, research techniques, self-advocacy, relationship building, cultural awareness, knowledge of civil law and identification of individual freedoms.

**Creative Writing/Get to know the Villains #1066** - This class will focus on the villains, the characters we love to hate. The students will seek to understand a characters motives and identify why they behave in a certain way. Class discussion will be based on what makes someone good or bad? Are they misunderstood or truly seeking mischief? Character traits will be itemized and discussed by the group to ascertain the true motive behind their actions. Each student will rewrite the characters fate by recreating the story with their new insights. They will translate their ideas into cohesive sentences, work to develop an outline for their story, brainstorm with their peers regarding potential outcomes, learn about plot development and read their stories out loud in front of an audience. Skill Development - Reading and reading comprehension, writing, critical thinking, research techniques, group dynamics, team membership.





**Healthy Mind and a Positive Attitude #1067** - This class will add mindfulness to our discussions about nutrition and fitness. We will examine how the way we feel impacts overall health and learn how positive "self-talk" influences our self-esteem. **Skill Development** - Oral and visual interpretation, reading, writing, research techniques, self-advocacy, communication, enhanced self-esteem, social awareness, positive decision making.

**Film & Society #1068** – This course will focus on film with themes of discrimination past and present. We will review films that focus on our history beginning with 42, The Jackie Robinson Story and ending with Freedom Writers, a film that focuses on discrimination in today's world. **Skill Development**- Reading, writing, research techniques, cultural diversity, visual and oral interpretation.

**Evolution of Photography #1069** – From cave paintings to "Selfie's" discover what we can learn from the pictures we take about culture, society and personal values. **Skill Development** - Reading and reading comprehension, writing, research techniques, social etiquette, societal norms, behavioral responsibility, verbal communication, cultural awareness and enhanced world view.

**Women, Men and the Media #1070** - This course will look at and discuss the roles of women and men in society and the influence that the media has on the individual as well as society. **Skill Development** - Increased verbal and written communication, enhanced self-esteem, critical thinking, appropriate language and communication with peers in addition to social awareness and appropriate behaviors in their social group.

**World Events/What's Happening Now? #1071** - The world is constantly changing around us. This course will explore these changes and how they influence us as individuals. Students will research world events using different sources for information such as newspaper, TV, internet and social media. **Skill Development** - Reading and reading comprehension, writing, research techniques, verbal communication, organization, enhanced local, national and world view.

**Values in Literature #1072** - This class is a combination of Art and Creative Writing. Students will work on developing an individual storyline using topics of values and morals. Group discussions will enhance the topic discussed. Each student will create a book to illustrate the value that is most important to them. **Skill Development** - Reading and reading comprehension, writing, drawing, creative/self-expression, verbal communication, research techniques, critical thinking.

**Music and Culture #1073** - This course looks at music from different cultures. Students will discuss pop music of the U.S. as well as the influence of customs and traditions from around the world. **Skill Development** - Reading and reading comprehension, writing, research techniques, verbal communication, organization, enhanced local, national and world view.

**Art of Italy #1074** – Students will have the opportunity to learn about Italian art by exploring the culture through drawing, ceramics and painting. **Skill Development** - Reading and reading comprehension, writing, drawing, creative/self-expression, geography, history, verbal communication, critical thinking, enhanced world view.

**Modern Art #1075** - This course investigates artists who changed history and traditional norms by thinking out of the box. Various techniques and materials used; charcoal, paint, photography, pastels, ink. **Skill Development** - Reading and reading comprehension, writing, drawing, creative/self-expression, geography, history, verbal communication, critical thinking, enhanced world view.



**Instrumental Music and Culture #1076** – In this course students will learn about the musical influence of different cultures on modern day American music. The instructor will present instruments, songs and historical references for common popular hits. Skill Development - Reading and reading comprehension, writing, research techniques, geography, verbal communication, organization, enhanced local, national and world view.

**Stories in Animation #1077** – This class will focus on animated characters and explore the relationship of dynamic duos, man's best friend and the "extras" that are part of our favorite story lines. Students will discuss the importance of partnerships, team work and collaboration by creating their own narrative as well as modifying the characters discussed in class. Skill Development - Reading and reading comprehension, writing, critical thinking, sentence structure, vocabulary, self-confidence, verbal communication, team work.

**Dance & Culture #1078** - This course will focus on dance and the influence it has on the individual and their cultures. Students will explore traditional dances associated with different cultures and traditional life events.

**3D Art #1079** – 3D sketches take the art of drawing to a whole new level. Students will learn to create mind-blowing 3D drawings that appear to jump right off the page through a combination of shading and line drawing techniques. Op Art is a term for artwork that startles the eyes, making the viewer think the art work is vibrating, pulsing or flickering. Skill Development- Drawing, creative/self-expression, verbal communication, visual interpretation, ability to follow step by step directions.

**Me, Myself & I #1080** - In this course students will learn to write about themselves in the past, present, and future tense. Students will be challenged to articulate a life based on different perspectives such as being famous, homeless or what may happen if they won the lottery. Skill Development - Reading and writing comprehension, writing, critical thinking, vocabulary, self-confidence, verbal communication.

**Brain Games #1081** - Challenge your brain with mind bending games designed to exercise memory, lengthen attention and to increase critical thinking. Skill Development - Critical thinking, problem solving skills, following directions and verbal communication.

**Public Speaking #1082** – This class introduces speechmaking based primarily on a traditional public speaking approach. Students will use techniques to control speech anxiety and learn to organize information for presenting to various groups. Skill Development- Communication skills, working in groups, public speaking, problem solving.

**Children's Literature for College Students #1083** - This course will explore different genres in children's literature such as fairy tales, fantasy and poetry. Students will discuss and write how literature plays a role in the lives of children. Skill Development - Reading and reading comprehension, writing, critical thinking, vocabulary, self-confidence, verbal communication.

**Writing Through Imagery #1084** - This class will use different images that will encourage individual creativity while writing. Students will then share their writings with the class. Skill Development- Reading, writing, sentence structure, verbal communication, and creative/self-expression.

**History WWII-Present #1085** - This course will explore U.S. History from WWII to present day. Societal changes, gender roles and the economy will be discussed. Skill Development- Research, reading, writing, critical thinking.



**Word Games #1086** - This class will use word games such as Boggle, Scrabble and puzzles to enhance/reinforce word recognition and reading skills. **Skill Development-** Critical thinking, problem solving skills, following directions, verbal communication and team work.

**Acting #1087** - This class will focus on different types of acting and entertainment. Through music, singing, improvisation and “skits” the students will express their personal creativity and individualism. **Skill Development** - Creative/self-expression, self-confidence, team membership, critical thinking.

**Music & Lyrics #1088** - This class is a combination of music and creative writing. Students will listen to music, focusing on the lyrics. They will then use the existing lyrics as starters to adapt their own lyrics, ideas and thoughts to the music. **Skill Development-** Reading, writing, comprehension, critical thinking, creative/self-expression.

**Graffiti Art #1089** - In this class our students will be exposed to diverse art forms and will design art work based on their individual creativity. Students will explore various forms of graffiti and use different techniques to create their own unique designs on paper. **Skill Development** - Drawing, creative/self-expression, verbal communication, visual interpretation, ability to follow step by step directions.

**Art Around the World #1090** - This class will explore various forms of art from different countries each week. Students will discover what mediums were used and how art has evolved from 3,000 BCE to present day. **Skill Development-** Drawing, creative/self-expression, visual interpretation, research techniques, cultural awareness, verbal communication, geography.

**Wildlife Ecology and the Environment** - #1091 Students will discuss animal populations in the wild and learn about the different habitats of mammals and reptiles. They will become familiar with environmental factors that threaten wildlife and humans alike through discussion of preservation and natural selection. **Skill Development** - Reading and reading comprehension, enhanced world view, critical thinking, research techniques.

**Everyday Italian #1092** - This course will introduce the Italian world through language, music, history, art and food. The focus will be on culture as a pathway to language and communication in Italian. **Skill Development** - Reading and reading comprehension, writing, cultural awareness, research techniques, communication, functioning knowledge of work place discrimination laws, enhanced world view, oral interpretation, articulation of new words and terms.

**Poetry #1093** - This class will focus on developing student creativity through writing and discussion. We will cover various poetry formats, read and discuss famous poets and then create our own poems. **Skill Development** - Reading, writing, critical thinking, creative/self-expression, verbal communication.

**Geography of the United States #1094** - This course will examine the regions of the United States. The physical environment, natural resources, agriculture and populations of the regions will be explored. We will also study national landmarks and monuments of the country. **Skill Development** - Reading and reading comprehension, enhanced world view, critical thinking, research techniques.

**Films and What we Don't See #1095** - Class will explore hidden messages, bloopers and outtakes from films both animated and live action. Students will examine and rewrite scenes, characters and settings while exploring why they think the messages were hidden. **Skill Development** - Reading, writing, research techniques, cultural diversity, visual and oral interpretation.



**Astronomy #1096** -Space is a vast and unknown world full of mysterious galaxies, faraway planets, moons, stars and immense darkness. Our students will embark on a journey of exploration to learn about our solar system, the origins of the US space program and the technological advancements which will take us to the moon and beyond. **Skill Development** - Reading and reading comprehension, enhanced world view, critical thinking, research techniques.

**Acting II #1097** - This course will continue the study of acting. Students will continue to learn and perform dialogue. We will also focus on the use of comedy and the individuals stage presence. **Skill Development** - Creative/self-expression, self-confidence, team membership, critical thinking.

**Debate #1098** - Have you ever left an argument with the feeling you had more to say? In this class students will learn how to get their point across in an informed and calm way. Students will learn to articulate their ideas and debate issues by holding mock trials and discussion based arguments. Working in teams we will utilize both verbal and non-verbal communication skills. **Skill Development** - Communication skills, working in groups, public speaking, problem solving.

**Art and Journaling #1099** - This course will explore journaling as a form of self-expression. Individuals will explore their interests, goals, skills, strengths and weaknesses. We will use art to enhance and explore these topics. **Skill Development** - Reading, writing, drawing, creative/self-expression, critical thinking, verbal communication, research techniques, self-advocacy, cultural awareness.

**Sculpture #1102** - This course will explore 3-dimensional art through the use of different mediums. Students will investigate positive and negative space as it relates to the surrounding environment, and create sculptural art that appeals to their own concepts and aesthetics. **Skill Development** – Creative/self-expression, design implementation, verbal communication, enhanced worldview and critical thinking.

**Gods & Goddesses # 1103** – This course will explore the history of gods & goddesses from ancient Greece and Rome. Students will research and explore different myths and religion practices along with their special powers. **Skill Development** – Critical thinking, research techniques, reading comprehension, writing, enhanced cultural view.

**Human Body #1104** – This course will be an introduction to the structures and functions of the human body. Students will discuss and discover various organs and processes throughout the body. **Skill Development** – Critical thinking, self-awareness, and reading comprehension.

### **Reading and Writing for the College Student #1105**

This course will focus on developing and enhancing students' reading and writing skills. Elements explored will include vocabulary, sentence structure, punctuation skills, grammar, and identifying main ideas of literature. **Skill development:** reading, writing, critical thinking skills, verbal communication, research techniques, and self-confidence.

**Play Across Cultures #1106** - This course studies the similarities and differences in young people's play and celebrations through an examination of world cultures. Students will discover what other cultures do for leisure by discussion and playing games with materials used by other cultures to create an authentic study of



pastimes. Skill Development - Reading, writing, following directions, group discussion, critical thinking, enhanced world view, cultural awareness, and physical coordination.

**We the Jury #1107** – This course will focus on the jury system including roles of the judge, jury, attorneys, and other members of the court room. The class will explore ethics & moral issues faced in the courtroom in addition to researching famous cases in history. Skill Development – Reading and reading comprehension, critical thinking, research techniques, verbal communication, and public speaking.

**Autobiography #1108** – This class will look at different autobiographies that have been published in history. Using their research as references, students will develop, construct, and write their own autobiography and learn the skills it takes to create one. Skill Development – Reading and reading comprehension, writing, critical thinking, thought organization, research techniques, and self-awareness.

**Digging Deep #1109** – This course will have students discuss and identify topics that interest them. They will use different research methods to investigate their topics and how they affect the world. Students will present their findings to the class so classmates can formulate questions and comments based on their presentation for an interactive discussion. Skill Development – Research techniques, reading and reading comprehension, critical thinking, public speaking, enhanced world view.

**Art through Poetry # 1110** - This course will focus on poetry created by the individual in class. The students will interpret the poetry by creating art that illustrates or accompanies the poems they have written. Skill Development – Creative/self-expression, drawing, visual interpretation, verbal communication, enhanced worldview, and critical thinking.

**Facts of Life #1111** - This course will cover broad aspects of the human anatomy and interpersonal relationships. Topics will include communication, socialization, body image as well as the female and male reproductive systems. Discussions will include intimacy, what it means to give consent, no means no and consequences of relationships without planning or being in a committed relationship. We will create a safe environment where students feel comfortable to ask questions and develop the confidence to discuss a topic that makes most individuals uncomfortable. Skill Development – Self Expression, verbal communication, critical thinking and research development.

**Celebrations around the World #1113** This course studies celebrations that are practiced by diverse cultures throughout the world. Students will explore and discuss the popular and unpopular holidays and events focused on by people with a variety of beliefs. Skill Development - Reading, writing, following directions, group discussion, critical thinking, enhanced world view, cultural awareness, and physical coordination.

**Water Color Art #1114** This course will focus on the Impressionist Movement and artists such as Monet, Thomas Moran, Georgia O'Keefe while exploring the effects of color and applying different mediums to paper using paintbrushes and other objects. The students will be learning the difference between watercolor paint and traditional forms of painting. Skill Development - Reading, writing, drawing, creative/self-expression, critical thinking, verbal communication, research techniques.

**Astrology #1115** Students will learn how astrology originated, what astrology is, learn about each sign and their stories. Students will learn about each astrological constellation. Students will also learn about Chinese



zodiac signs, and Druid zodiac signs. Skill Development - Reading and reading comprehension, writing, research techniques, following step by step directions, verbal communication.

**Who's Line is it Anyway #1116** This course will study the techniques of Improvisations. Students will learn about different improv outlets as well as the faces of improv. We will also focus on the use of comedy and the individuals stage presence while trying out new improv forms/games. Skill Development - Creative/self-expression, self-confidence, team membership, critical thinking.

**Sign Language II #1117 Students** will continue to be exposed to the basics of sign language and communication for the hearing impaired. Skill Development - Visual interpretation, cultural awareness, research techniques, communication.

**History of Discrimination #1118 This** course will focus on the discrimination of various minority groups in America, including American Indians, women, African Americans, people with disabilities, and other minority groups. We will explore the consequences of stereotyping, prejudice, discrimination and look at the modern-day struggle's minorities face. Skill Development - critical thinking, reading and writing skills, researching skills, and public speaking.

**Everyday Italian II #1119** This course will continue the Italian world through language, music, history, art and food. The focus will be on culture as a pathway to language and communication in Italian. Skill Development - Reading and reading comprehension, writing, cultural awareness, research techniques, communication, functioning knowledge of work place discrimination laws, enhanced world view, oral interpretation, articulation of new words and terms.

**Evolution of Rock #1120** This course will look at rock music from its origins in post WWII era to present day rock styles. This course will focus on the artists and groups who shaped this genre of music as well as well as the political and cultural influence Rock music has on society. We will explore the music business and how technology helped shaped the ways in which styles developed. Skills Development: reading and writing skills, researching techniques, listening skills, verbal communication, and critical thinking skills.

**Art of Painting #1121** This course will focus on the different mediums of paints such as acrylic, watercolor and oil. Students will learn about the process of painting and be able to recognize the different types of paint used in famous paintings throughout history. Skill Development: Drawing, creative/self-expression, verbal communication, visual interpretation, ability to follow step by step directions.

**Famous Artists Through History #1122** This course will explore famous artists and art work throughout history in which students will recreate some of the most famous paintings in their own creative way. Students will use most forms of mixed media from painting you drawing to collage and sketching. Skill Development: Drawing, creative/self-expression, verbal communication, visual interpretation, ability to follow step by step directions.

**History and Culture of the Hudson Valley #1123** This course will explore the Hudson Valley. Students will explore the history, religion, culture, art and industry, as well as famous figures from the area and their contributions to the history of the region. Skill Development: Research techniques, culture and social



awareness, history, team membership, verbal communication, self-expression, public speaking, oral interpretation.

**American Heroes #1124** This course will discuss the idea of heroes as part of the culture of the United States. Students will define heroism and how it has influenced our world. Skill Development: reading, writing, verbal communication, research techniques, listening skills, critical thinking, and self-confidence.

**Evolution of Women and Society #1125** This course will cover the experiences of American women in terms of social, cultural, economic, religious, and political points of view throughout history. Skill Development: Critical thinking, reading and writing skills, researching skills, and public speaking.

**Effects of Social Media on Society #1126** This course will explore how social media effects society, politics, business, and how we use social media to socialize and learn. Skill Development: Critical thinking, social participation, team membership, verbal communication, reading, writing, and appropriate social behavior.

**Worlds Got Talent #1127** This course will look at “talents” from around the world. Students will compare and discuss what cultures from around the world consider talents.

**Assisted Song Writing #1128** This course will introduce students to the art of song writing. The class will study different genres of music and learn to write lyrics for the specific style suitable for the genre. Students will be encouraged to share their songs either through written word or performance. Skill Development: reading and writing skills, researching techniques, listening skills, verbal communication, and self-confidence.

**History of Super Heroes #1129** This course will explore the history and development of superheroes and the individuals who created them. Students will explore the relationships between superheroes and their alter-ego, as well as the transformations and character development through the years. Skill Development: reading, writing, verbal communication, research techniques, and self-confidence.

**We the Jury 2 #1130** This course will explore the judicial system and each role performed in the court room setting. Students will be assigned a role in the court room and create their own case and debate team. Students will learn about different laws and rights in our government and compare/contrast them to other governments. Skill Development: Reading and reading comprehension, critical thinking, research techniques, verbal communication, and public speaking.

**Fit Club: Chair Yoga #1025** This course will incorporate basic yoga, encourage students to practice mindfulness, meditation and movement. Skill Development: Self-confidence, learning to follow step by step directions, physical coordination, critical thinking.

**Spanish I # #1132** This course will focus on fundamentals of speaking, listening, reading and writing, cultural information about the Spanish Speaking world will be introduced. Skill Development: Reading, writing, cultural awareness, communications, and oral interpretation.

**Art of Asia # #1133** This course will explore artists and movements from countries such as China, India, Japan, North & South Korea, and more. We will learn about the influence of religions and cultures on artists dating from 1500 – 21<sup>st</sup> Century. Skill Development: Reading and writing skills, critical thinking, research techniques, verbal communication, and public speaking.



**Ancient Egypt #1134** This course will focus on Egyptian Society. Focus will be on the Egyptian society, government, religions, and pyramids. The course will explore what happened to the Egyptian Society and why it came to an end. Skill Development: Reading and writing skills, critical thinking, research techniques, verbal communication, cultural awareness, and public speaking.

**Evolution of Hip Hop #1135** This course will explore the growth of Hip Hop music in our society. Where and why it began and the influence it has on music today. Skill Development: Reading, writing and listening skills, verbal communication, research techniques and critical thinking skills.

**Cities of the World #1136** This course will explore cities from every continent, their history, culture, and what it is like to be a resident today. Skill Development: Reading and writing skills, critical thinking, enhanced world view, and cultural awareness.

**History of New York City #1138** This class will explore the culture and social history of NYC. Famous museums, landmarks, and communities will be explored. Skill Development: Reading and reading comprehension, enhanced world view, critical thinking, research techniques.

**Early American History #1140** This course will cover the social, political, and cultural development of early American communities. Skill Development – History, reading, critical thinking, and research techniques.

**Indigenous People #1141** This course will explore and research the history of indigenous people. Small groups will work throughout the course completing research and then presenting their findings to the class. Skill Development: Research techniques, culture and social awareness, history, team membership, verbal communication, self-expression, public speaking, oral interpretation.

**Female Musicians #1142** This class will explore female musicians and the influence they have on the music of today. Skills Development: reading, writing, and listening skills, researching techniques, verbal communication, and critical thinking skills.

**Positive Solutions #1143** This course will focus on techniques and strategies to identify and create a plan for problems that they may encounter out in the world. Skill Development - Reading comprehension, writing, verbal communication, group dynamics, team membership, self-confidence and self advocacy.

**Animal Planet #1144** The class will step into the minds of famous animal scientists, explore zoos from around the world, and discover a day in the life of various working animals. . Skill Development - Reading and reading comprehension, enhanced world view, critical thinking, research techniques.

**Visual Storytelling #1145** Using first photos and then moving on to videos, students in this class will consider how we can use visual images to present powerful stories about the world. As the class develops, we will also add words and dialogue into our visual stories. Our final project will be to host a "film festival" and show the world our visual stories.

**World Religions #1146** This course studies religions that are practiced by diverse cultures throughout the world. Students will explore and discuss the beliefs, history, and holidays focused on by people throughout the world. Skill Development - Reading, writing, following directions, group discussion, critical thinking, enhanced world view, cultural awareness, and physical coordination.





**African Cultures #1147** This Class will explore the cultures of Africa. Students will work in small groups to research tribes and their cultures. Students will present their findings to class. Skill Development: Reading and writing skills, critical thinking, research techniques, verbal communication, cultural awareness, and public speaking.

**Reuse, Reduce, and Recycle #1148** This course will explore environmental issues. We will focus on the idea of reuse, reduce, and recycle and why it is important for the earth and future generations. Skill Development: Reading and reading comprehension, enhanced world view, critical thinking, research techniques.

**Earth Science, Gardeners Edition #1149** This class will study the art and science of growing food in a sustainable environment. We will examine both the true superheroes of nature and the destructive villains at war over our harvest. The winner of this epic battle will be determined by our understanding of growing techniques and the discovery of who is doing what in our garden. Skill Development: Reading and reading comprehension, enhanced world view, critical thinking, research techniques.

**Power of Music #1150** This course will explore the way music makes us feel and the effect it can have on our lives. Students will identify their interests and personalities then write a theme song which best represents them as individuals. Skill Development: Reading and reading comprehension, listening skills, verbal communication and critical thinking.

**June Topics in Review #1151** This discussion based class will be run in small breakout groups which are designed to offer students the opportunity to review topics introduced during Mind, Body and Soul and Pop Culture. Attendance in our morning classes is not required for participation. Skill Development: Reading and reading comprehension, critical thinking, enhance world views, verbal communications, group participations and self expression.

**July Topics in Review #1152** This discussion based class will be run in small breakout groups which are designed to offer students the opportunity to review topics introduced during Creative Writing and the Power of Music. Attendance in our morning classes is not required for participation. Skill Development: Reading and reading comprehension, critical thinking, enhance world views, verbal communications, group participations and self expression.

**SLC Community Forum #1153** This elective is designed to encourage students and mentors to share their ideas about music, science, culture, wellness, and current events. Each week our Discussion Leaders will open the conversation based on our student's collective interests. Mentors will lead the students towards a broader understanding of the topics and how it applies to the wider community. Skill Development: Reading and reading comprehension, critical thinking, enhance world views, verbal communications, group participations and self expression.

**History of the Olympics #1154** This course will explore the history of the Olympics, where they began and why they are important to the world. We will explore the Summer and Winter events as well as the talented dedicated athletes who train to participate and represent their countries. Skill Development: Reading and reading comprehension, culture, social awareness and self-confidence

**August Topic in Review #1155** This discussion based class will be run in small breakout groups which are designed to offer students the opportunity to review topics introduced during daily classes. Attendance in our morning classes is not required for participation. Skill Development: Reading and reading comprehension, critical thinking, enhance world views, verbal communications, group participations and self expression.



**Film to Stage #1156** This course will provide an in depth look at the history and elements of theatre. Students will be introduced to a variety of plays including Hamlet, Fences and A Raisin in the Sun. Scenes from each play will be acted out in groups throughout the class as students explore the arc, plot and characters of these iconic works. **Skill Development** - Creative/self-expression, verbal communication, ability to follow step by step directions, research techniques, critical thinking.

**Women of the 21st Century #1157** This course will explore the world of exceptional women and their contributions to politics, sports and entertainment. **Skill Development** - Critical thinking, reading and writing skills, researching skills, and public speaking.

**Autobiography Special topic Men #1158** This class will review the autobiographies of men who have influenced the world. We will discuss their interests, talents and contributions to society at large. **Skill Development** – Reading and reading comprehension, writing, critical thinking, thought organization, research techniques, and self-awareness.

**Topics in Review #1159** The objective of this class is to encourage students to discuss issues which have the greatest importance to them. Topics can include current events, previous class discussion or personal interests. **Skill Development** - Verbal communication, writing, critical thinking, research techniques, teamwork.

**Flashback Fridays #1160** Each Friday, students will discover and research what events have occurred on that specific day in history. Topics will include, but are not limited to, important events such as scientific and geographic discoveries, politics, music, film and sports. Students will also have the opportunity to share any fun and significant things that they might have experienced on that day in the past. **Skill Development**- Reading and reading comprehension, cultural and social awareness, research techniques, verbal communication, self-expression.

**Living 90's #1161** Who doesn't want to re-live the 1990s? This course will take students back through the decade that gave us Tamagotchi's, track suits, the Fresh Prince of Bel-Air, Tupac, and The Backstreet Boys. Students will discover which trends were popular and might even be making a comeback (and those that should stay in the past) as well as any events, people and entertainment that shaped such a colorful decade. **Skill Development**- Reading and reading comprehension, cultural awareness, research techniques, verbal communication, listening skills.