



## **Couse Descriptions for Summer 2025**

**Art Studio/Collage #1005\*\*** – This series of classes will help students investigate the various techniques and materials used to design work focusing on the art of collage making. Charcoal, paint, photography, and pastels may be utilized to create still life drawings, identity boards, paintings and self-portraits.

**Finding Out Why #1014** – Students interested in science and nature will love this hands-on course using science experiments to explain the natural world. We will learn the Scientific Method through a weekly experiment performed in class. The students will participate and observe the experiment then form conclusions about what is observed.

**Creative Art/Fabric Printing #1029\*\*** – This project based class is for students interested in printmaking techniques to explore pattern and design on paper and fabric. In this class our students will learn to develop a love of art and design based on their individual creativity.

**Mind/Body/Soul #1051** – Maintaining a healthy mind, body and soul is the focus of this thought-provoking class. Students will learn what they can do to promote good health and well-being by making clear connections between their immediate environment and their health. We will discuss proper nutrition and food choices, personal hygiene, the effects of alcohol use and the importance of sleep. Students will practice stress reduction techniques and learn the importance of maintaining healthy relationships that foster a healthy lifestyle.

**History of TV Sitcom #1058** – This fun and introspective course will take students on a journey through the evolution of television sitcoms. From the early classics like "I Love Lucy" to the modern hits like "Friends" and "The Office," students will explore the development, cultural impact, and enduring popularity of this beloved genre.

**Brain Games #1081** – In this class students will engage in fun and challenging activities that will help us sharpen our observational skills. Join us for a semester of brain-teasing games designed to enhance your memory, expand your attention span and boost your critical thinking skills.

**Art through Poetry #1093** – In this class students will hone their creative writing skills by examining the work of famous poets and authors. They will use illustrations to spark their imagination and develop their own unique stories.

**Gods & Goddesses # 1103** – This series of classes will explore the history of gods & goddesses from ancient Greece and Rome. Students will research and explore different myths and religion practices along with their special powers.

**Evolution of Rock #1120** – Through a comprehensive exploration of influential artists, musical movements, and cultural shifts, students will gain a deep understanding of the social, political, and artistic forces that shaped rock and roll. By analyzing key songs, albums, and performances, students will develop a critical appreciation for the genre's historical significance and enduring legacy.



**Yoga/Theory & Practice, #1131** – This course will introduce students to the history and practice of yoga. We will work to increase flexibility, balance and practice breath work to help calm us in stressful situations. Students will learn to use meditation as a method for handling the pressures of everyday life.

**The Art of Advertising #2007\*\*** – In this creative class, students will explore the principals of advertising by creating visually striking designs and materials. We will research established businesses for inspiration, then craft promotional flyers or marketing materials to help advertise sale items. Our goal is to learn how to showcase and promote student artwork by blending creativity with real-world marketing strategies.

**Show me the money #2008\*\*** – We wrote the advertisements; we designed the posters and decorated our windows now it's time to make some sales. How much is that painting in the window? Can you make change? Do you take credit cards? These questions will be answered in this money making math class. Students of all levels will benefit from this numbers driven course. There is nothing better than a sale to help our students learn to love math.

**For the Love of Bugs #2056, Part 2** – Is it a moth or a butterfly, a ladybug or beetle? In this class we examine whether these fascinating insects are beneficial friends, annoying pests, or another animals' dinner. Through research and discussion, we will dig into the life of insects. What do they eat, how long do they live, where do they sleep? Join us as we fly through their tiny world to uncover the value of these amazing critters. As an entomologist would say... *bee there or be square!*

**Art/Key Strategies for a Successful Sale #2062\*\*** – In this class, students will kick off the semester by crafting artwork designed for sale. As they create, they'll learn to track the cost of materials and determine appropriate pricing for each piece. We'll explore themes, develop eye-catching packaging, and refine presentation techniques in preparation for an art sale, ensuring students gain hands-on experience with selling their work in a real life setting.

**Inner Peace-Outer Strength #2063** – This class is designed to enhance the student's overall health by incorporating Buddhist philosophies with breathing techniques and body conditioning. Utilizing a chair for seated and standing support ensures a safe and accessible experience. Our gentle approach allows for students to move at their own pace, with modifications available for all levels. Join us on this journey towards a harmonious integration of body and mind.

**A Walk in the Woods #2064** – Whether in our backyards, local parks, or the forests lining roads and highways, nature is all around us. In this class, we will learn about the natural world, uncovering its history and discovering the birds, beasts, and critters that inhabit it. Through exploration and observation, we will learn to appreciate the beauty of nature and develop a greater connection to the places we call home.