**Spring 2023 Course Descriptions**

**American Pie #1002** -This course explores diversity in America. The class will discuss topics of culture, family, religion, values, and gender.

**Current Events #1007** -This course will enable students to strengthen their critical thinking skills through discussion of current events topics. Group discussion and written assignments will focus on such topics as politics, environmental issues, human rights and global events which affect everyday life*.*

**Glee #1030** -Sections of this fun class will alternate between an exploration into the world of musical theater and the sounds of pop culture. Students will learn the songs and styles behind some of the most iconic music produced.

**Pop Culture #1041** -This class will explore the different aspects of pop culture from art to music, magazines and movies to television, books and beyond. We will look at how pop culture is all around us and focus on how it affects our daily lives.

**Mind/Body/Soul #1051** -Maintaining a healthy mind, body and soul is the focus of this thought-provoking class. Students will learn what they can do to promote good health and well-being by making clear connections between their immediate environment and their health. We will discuss proper nutrition and food choices, personal hygiene, the effects of alcohol use and the importance of sleep. Students will practice stress reduction techniques and learn the importance of maintaining healthy relationships that foster a healthy lifestyle.

**Art and Journaling #1099** - This course will explore journaling as a form of self-expression. Individuals will explore their interests, goals, skills, strengths and weaknesses. We will use art to enhance and explore these topics.

**Gods & Goddesses # 1103** – This course will explore the history of gods & goddesses from ancient Greece and Rome. Students will research and explore different myths and religion practices along with their special powers.

**Effects of Social Media on Society #1126** This course will explore how social media effects society, politics, business, and how we use social media to socialize and learn.

**Cities of the World #1136** This course will explore cities from every continent. We will learn about their history, culture, and what it is like to be a local resident today.

**Topics in Review #1159** The objective of this class is to encourage students to discuss issues which have the greatest importance to them. Topics can include current events, previous class discussion or personal interests.

**Art: Mixed Media #1183** – This hands-on art class will offer students a unique opportunity to express themselves utilizing new materials and techniques. They will learn about printmaking and block printing, use clay to create slab, pinch and coil built structures, and experiment with Impasto to add depth and contrast to our paintings.

**Food & Culture #1199** – Through history food has played a vital role in not just providing sustenance but in defining our cultural identity. In this course we will learn about the connection between food and ethnicity. We will review different countries and discuss the traditions that are passed from generation to generation within our families.

**Legends and Myths #2000** – Storytelling is believed to have played an integral part in every human culture since the beginning of time. Through these myths and legends, we will discuss the timeless concepts of love, fear, courage and fate. In this class we will learn how these compelling tales shape society and continue to pique our curiosity and imagination.

**Heroes and Villains #2001** – This course will provide an overview of prominent heroes and villains in movies, literature, and in real life. We will examine the virtues that make up a hero’s character and what events or motives can turn a person into a villain.

**Truth is stranger than fiction #2002** - In this class, we will read, watch video footage, and discuss some of the animal kingdoms most bizarre and baffling phenomena. We will learn about the intriguing traits, behaviors, and physical characteristics of these strange creatures which help them live and thrive in their particular environment.

**Between the pages #2003** – What’s really happening in our favorite stories? In this class we will discuss which characters are our favorites and what motives lie beneath their actions? Fairytale or drama, mystery, or crime; join us as we explore the wonderful world of books. Finding out “who done it?” is only half the story.

**Hollywood Story, The sequel #2004** – Hollywood has shaped what we see and feel through movies. Take a seat as we continue our journey behind the scenes of our favorite flicks. Students will review iconic films, learn about the actors behind their legendary roles and discuss the dark side of Hollywood.